## NORTHCENTRAL FSET PROGRAM EMPLOYMENT & TRAINING

**Empowering Individuals by Offering Opportunities** 

# A FREE program for recipients of FoodShare assistance

Our focus is to help you identify and achieve your goals for education and employment

#### **How Can FSET Help You?**

- Receive help with job leads. We have relationships with more than 80 area employers and are continually developing new relationships.
  - **Get support with job search** including resume development, online applications interview skills and even interview clothing!
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**Identify your strengths** and build on those to improve communication skills, coping skills and a wide range of job and life skills.



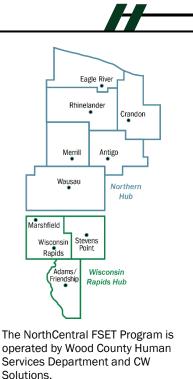
Access to online resources including workshops, videos, and other tools on our website MyFSET.net.

**Enroll in an education program** including job skills training, certificate programs (like CNA, Customer Service, CDL, Manufacturing, Short-term Medical Programs, Welding) and GED/HSED.



**Receive supports** to help you complete approved FSET activities and employment.

**Get help keeping a job** once you start working, including additional supports for 90 days such as work clothing and transportation.



#### Will FSET Affect Your FoodShare?

FSET is a voluntary program and will not impact your FoodShare benefits.

Some FoodShare members may have a work requirement. You will receive notice if you have a requirement. Volunteering and engaging in FSET is one way to meet that requirement.

#### What Can You Expect?

- You will ALWAYS be treated with RESPECT and be VALUED as a person.
- You will have OPPORTUNITIES to pursue your goals and find employment that YOU want – it's more than "just getting a job."
- You will be treated FAIRLY and will not be discriminated against for any reason.



### **How to Participate**

You will develop a plan with your case manager that includes your goals and the activities you want to do to meet those goals. You can choose how many hours you want to participate in the FSET program.

#### Do You Need to Track Your Activity?

You **do** need to track your FSET activity. You can share that information in a variety of ways including:

- Telling your case manager in person or over the phone
- Through email or text
- Online via www.MyFSET.net
- Using our paper report form
- Writing it on a piece of paper

#### **Employment Opportunities**

When enrolled in FSET, you have the opportunity to:

N O R T H C E N T R A I

- Find out more about your local labor market
- Connect with more than 80 FSET employer partners
- Learn what employers want to know about you

#### **Complaints**

If you feel you have not been treated well or were denied services, you should first try to talk with your case manager to resolve the issue. If the issue cannot be resolved with your case manager, you can bring your concerns to a manager.

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You can also request a Fair Hearing to have an independent adjudicator review your concerns. Please refer to the Program Participation Agreement for more information.



This institution is an equal opportunity provider.



